

WellCome Wellness Menu

Massages

Relaxation massage

45 min. €80 | 75 min. €145

The relaxation massage is an oil massage that is given from the feeling and that looks at the individual person. The massage is excellent for stress, fatigue or minor complaints to muscles and joints.

Sportmassage

45 min. €80 | 75 min. €145

A sports massage improves the blood circulation in the muscles, so that toxins are removed more quickly. This improves the recovery of the body and can prevent injuries in overworked muscles. With a 'warm-up', pre-sports, ; it gradually starts the blood circulation by raising the body temperature and increasing the blood flow to the muscles. This reduces the risk of injury.

Cooling-down, post-exercise, ; is the cooling down after a workout that ensures a gradual recovery of the heart rate and blood pressure.

Neck-, shoulder- & back massage

45 min. €80 | 75 min. €145

A neck-, shoulder- & back massage is a deeply soothing anti-stress treatment for the upper body.

Deep Tissue Massage

45 min. €80 | 75 min. €145

A Deep Tissue Massage is mainly focused on loosening and reducing deep knots and blockages.

Pregnancy massage

45 min. €80 | 75 min. €145

A Pregnancy Massage is an unique experience where you are completely pampered. The body is massaged in a side position. This relaxes the central nervous system and body and improves blood circulation. Beneficial for the baby to come.

Food (Reflexology)

25 min. €50 | 45 min. €80

A Foot (reflexology) massage is based on the assumption that the body parts and organs are connected to certain places on the foot. Pressure is applied to various spots or pressure points on the feet. The body comes to rest and this reduces the pain and stress level. As a result, the body will also function better.

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Packages

Facials

55 minutes. €120

Skin analysis - Surface cleanse - Lotion / Tonic - Peeling / Lysing - Vapozone (Steaming with a water vapor) - Removal of Impurities- Mask and / or collagen eye pads- Massage

Staycation

A package of 5 x 90 minutes massage of your choice. €550

For The Working (WO)MAN

A package of 5 x 45 minutes, Neck-, Shoulder- and back massage €350

Early Bird Special (7:00 - 10:45)

A package of 1 x 75 minutes massage of your choice €125

Mix & Match

A package of 5 x 25 minutes massage of your choice €225